



AUGUST 2003

SUMMER NEWSLETTER

# Hemophilia and Thrombosis Center of Nevada

A Non-profit Center

## Dinner and a Movie -The HULK



“Caught in the heart of a nuclear explosion, victim of gamma radiation gone wild, Dr. Robert Banner now finds himself transformed in times of stress into the dark personification of his repressed rage and fury — the most powerful man-like creature to ever walk the Earth.” The Incredible Hulk, originally a comic book, then a series by Lou Ferrigno, and now the motion picture with director Ang Lee, Eric Bana and Jennifer Connelly.

The movie is part of this summer’s schedule packed with heroes such as the X-Men. Many of you remember The Hulk from the weekly television series of noted popularity. The movie paid justice to the original while keeping the theme and expanding with wonderful effects that could only be done on the scale of a movie.

On June 20, 150 members of the HTCN family enjoyed an evening of dinner and a movie. This wonderful evening was the brainchild of the HART subcommittee on special events. Making this idea become reality took lots of hard work by Cheryl Lawrence, Mary Bobier, and Liz White. But, boy was this worth it.

Dinner began at 6:15 donated by Chef John Guinivere of [Cheflive.com](http://Cheflive.com). A graduate of the California Culinary Academy in San Francisco, he has combined his love of cooking with his love of computers.



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# Happenings in Politics

by Ken Cox

## Medicare Prescription Drug Coverage??

Will a conference committee be able to patch together, from the two bills passed in the House and Senate, a single bill for prescription drug coverage? The president is optimistic that such a bill can be presented for his signature after the July 4<sup>th</sup> holiday. Prescription drug coverage for those over sixty-five and the disabled who receive Medicare benefits has taken on a new priority in DC.

Both bills have a gap in coverage before the catastrophic coverage kicks in to cover 90% of the prescriptions costs. There is a monthly charge of \$35 for the coverage and there are co-pays in both versions of the bill. The prescription drug coverage is scheduled to begin in the year 2006. For those in the hemophilia community, where prescriptions can easily run \$100,000 annually, the most significant factor in the two bills may be the catastrophic coverage of 90%. We shall wait to see what the final bill contains; however, just about anything will be an improvement over present coverage.

**Ken Cox has lived in Nevada for many years. He is a charter member of HART and active in local politics**

## Fall is the time to update your information

Have you moved? Is your phone number correct?

While everyone usually remembers to notify credit card companies, the cable company, gas company, and the phone company of your new address and phone number, a lot of people forget to call their doctors.

It is really important to notify the treatment center with your new address and phone number. When your information is not current or correct in your file, it can lead to delayed notification of test results or even your treatment plan.

If you are not able to call the treatment center with your updated information, please drop a note in the mail or send us an email. Help us help you when you need help by keeping your patient information current and up to date.

## A Family Affair

The handsome man in the center is Josh Chapman flanked by his father and uncle at a recent family wedding.



## CONGRATULATIONS TO:



### **DEANNA CADWELL**

Congratulations on the birth of Michaela at 8 pounds 1 ounce delivered Sunday June 29 a few minutes past midnight. This is their second child.



### **SUZETTE PEREZ AGUAYO**

Congratulations on the birth of her son, Angelo Emilio Aguayo born on June 27 at 2:45 pm. Weighing in at 8 pounds, 7 ounces and 20 inches long, he is a bundle of joy to his parents.



## HART Patient Assistance Applications Available

The application forms for the HART patient assistance program are available for submission on an as needed basis. You can obtain these simple forms by logging onto the web site and downloading the pdf file, or calling the treatment center so that we can mail it to you. The completed form may be submitted on line for quicker review by the committee.

The committee will meet each time an application is submitted and funds will be dispensed on a need basis until they are exhausted. This new support system is aimed at assisting our patients for medication copays, unusual medical needs, and social needs that arise due to medical issues. The committee members, will decide on an individual case by case basis which individuals meet the mission of the committee. All information including who applies, for what purpose, and when will be kept confidential.

If you have a need, we encourage you to apply. By helping each other as a community, we will grow stronger together.

# Dinner and a Movie

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Dinner began at 6:15. The wonderful buffet combined gourmet with wholesome food that appealed to the children. The pasta bar included green *Hulk sauce* for the tortellini. The salad was coated in a terrific raspberry vinaigrette. There was an assortment of gourmet rolls and cookies for dessert. As an added bonus there was a multi layer chocolate cake in celebration of Liz White's birthday.

After dinner, popcorn was rolled out and everyone prepared for the movie to begin. The adventure packed thrills were as expected. A brief intermission allowed door prizes to be distributed. During the intermission a cotton candy machine was placed at the front of the theater for everyone to enjoy. There was cotton candy everywhere including the curtains and Dr. Shopnick's hair. It was a wonderful treat.

The movie ended just before 10 pm, a long but worthwhile night for all. Its unusual ending with special effects left most everyone in awe.

This truly was the best event that the HTCN has had thus far. We are thankful for the great turnout on a Thursday evening. As each event is bigger and better than the last, the planning of these parties continues to challenge the events committee to improve upon the last party. So far, they have not disappointed. I can't wait to see what they have in store for the January winter event.



**If you are interested in participating in the HART event planning committee, please contact Liz at the treatment center office for information.**

# Summer Craft—Cinnamon Apple Sauce Ornaments

By Liz and Donald White

Here is a fun craft to do with the kids over the summer. The dough only takes a few minutes to make, but the kids can play with it for about an hour at a time. These make great gifts for all the upcoming holidays and your house will smell great after you have done this project.

## Supplies

1 cup cinnamon  
1 tbsp ground cloves  
1 tbsp nutmeg  
1 tbsp allspice  
1 tbsp ginger  
3/4 cup applesauce  
Wax paper  
Rolling pin  
Cookie cutters

## Instructions

Drain applesauce in a coffee filter to remove excess apple juice from apple sauce. This will take about 15-20 minutes.

In medium bowl, combine cinnamon, cloves, allspice, ginger and nutmeg.

Add applesauce, stir to combine.

Add additional cinnamon if dough is too runny.

Work mixture with hands 2 to 3 minutes or until dough is smooth and ingredients are thoroughly mixed.

Place dough between two sheets of wax paper that has been sprinkled with additional cinnamon.

Roll out dough to 1/4 inch thickness.

Cut dough with cookie cutters.

Using straw or pencil, make small hole in top of or-

nement while it is still wet.

Bake on an ungreased cookie sheet at 150 degrees for one hour.

Remove from the cookie sheet and bake on the oven racks for another hour and a half.

Use these ornaments to decorate gifts, hang on the Christmas tree, or just use your imagination.

## Creative Tips

For extra “sparkle” mix in decorative glitter. Make your own shapes by trimming the dough with a table knife following around patterns you’ve cut from cereal box cardboard.

After cutting out shapes, use a drinking straw to create holes for jewelry or ornaments.

Use toothpicks to make smaller holes for threading. Leave in dough until dry and remove.

For a wall hanging, thread a colored ribbon through the shape.

For a brooch, decorate with fabric paint and glue a metal clasp pin to the back (available at craft stores)

Decorate creations with acrylic paint or fabric.

The creations can be used as decorations on a gift box or bag.

**Important note: Adult supervision and participation is required for this activity**

FINISHED AN ORNAMENT THAT LOOKS GREAT? SEND A COPY TO THE HTCN CENTER FOR INCLUSION IN THE NEXT NEWSLETTER AND THE WEB SITE.



## Our Adoption Poem

By Jannean Muehlfeld

(Adapted from poem written by Cindy Agee)

As we traveled down the road of life  
We thought our lives were complete.  
God had different ideas and changes were in store.  
Awaiting the arrival of two sons to adore.

Our petitions went up daily  
For the Father to receive,  
And all he asked of us was to be faithful,  
And believe.

Then one who was born, well known to us on July  
30, 1992,

His name, Christopher, arrived a gift all dressed in  
blue.

And yet another born on July 2, 1993.

His name, Russell, Jr. was a joy for us to see.

It took a long time for them to arrive.

As one was 8 and the other 9.

Two bigger bundles of joy you never did see.

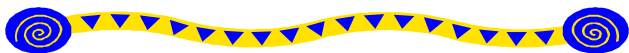
But now here they are and here they'll stay

And here they'll always be.

Newly named Christopher Wayne and David  
Wayne

On June 18, 2003.

"God's Gracious Gifts"



About two years ago, the Martin's brought their grandchildren to come and start a new life living with them in Nevada. It has truly been a tremendous experience for all of the family members. Both boys have grown in maturity and excelled both academically and personally.

The social system in our country is sometimes difficult to maneuver through. It has taken the Martin's over 3 years in order to complete the adoption process. Through this journey, there have been many ups and downs, but the continued love of the boys for their grandparents and visa versa, have enabled them to succeed in this important endeavor.

We are pleased to join in their celebration of "family" as the adoption was finalized on June 18. Congratulations to all. May you have many wonderful years as a family ahead.

## Thanks for Your Donations

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The staff of the HTC� is grateful to the following corporations and individuals who have provided support for our special events:

Chef John Guinivere	In N Out Burger	Gena and Bob Bunim
Gameworks	Rio Hotel and Casino	Factor Support Network
Winifred Johnson	Las Vegas Mini Gran Prix	Gold Coast Hotel and Casino
Wyeth Pharmaceuticals	Las Vegas Motor Speedway	Aventis Behring Pharmaceuticals
Corum, Inc.	Bruce Bronn	Cheeryl Lawrence
Novo Nordisk Pharmaceuticals	Regal Entertainment Group	Ken Cox
	Vern and Linda Romans	Travis Potter and the Empire of Chivalry and Steel
	Scandia Family Fun Centers	CareMark
	B. Dalton Booksellers	

## Calendar of Events

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AUGUST 14	Comprehensive Hemophilia Clinic
SEPTEMBER 1	Labor Day—HTCN Office Closed
SEPTEMBER 11	Comprehensive Hemophilia Clinic
SEPTEMBER 27-28	Rosh Hashanah—Jewish New Year
OCTOBER 6	Yom Kippur—HTCN Office Closed
OCTOBER 9	Comprehensive Hemophilia Clinic
OCTOBER 17-19	Hereditary Hemorrhagic Telangiectasia Conference Dallas, Texas For information <a href="http://www.HHT.org">www.HHT.org</a>
OCTOBER 31	Halloween
NOVEMBER 6-8	National Hemophilia Foundation Annual Meeting Salt Lake City, Utah
NOVEMBER 13	Comprehensive Hemophilia Clinic
DECEMBER 6-9	American Society of Hematology Annual Meeting San Diego, CA For information <a href="http://www.hematology.org">www.hematology.org</a>

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**COMPREHENSIVE CARE FOR TREATMENT OF BLEEDING AND CLOT-**

Medical Director: Dr. Rinah Shopnick  
Nurse Coordinator: Myra Davis-Alston, RN  
Administrative Assistant: Barbara Lambert  
Laboratory Supervisor: Angel Moore  
Social Services: Alice Ashbaugh, MSW  
Physical Therapy: Jennifer Wells  
Orthopedics: Dr. Robert Tait  
Dentist: Dr. Sundquist

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